

## Troop 71 Three-Day Menu Planner

| Day                           | Breakfast | Lunch | Dinner | Cracker Barrel |
|-------------------------------|-----------|-------|--------|----------------|
| <b>Day 1:</b> (e.g. Friday)   |           |       |        |                |
| <i>Menu</i>                   |           |       |        |                |
| <i>Ingredients</i>            |           |       |        |                |
| <b>Day 2:</b> (e.g. Saturday) |           |       |        |                |
| <i>Menu</i>                   |           |       |        |                |
| <i>Ingredients</i>            |           |       |        |                |
| <b>Day 3:</b> (e.g. Sunday)   |           |       |        |                |
| <i>Menu</i>                   |           |       |        |                |
| <i>Ingredients</i>            |           |       |        |                |

**Note:** No soda pop on scout campouts, plan balanced meals including meat, bread, fruit, vegetable and drink. Refer to Mr. Martin's Menu Planning Guidelines!

Troop 71 Menu Planner (Continued)

| <b>Grocery Shopping List</b><br>(Compile from menu on front page.)   | <b>Food Cost/Reimbursement</b><br>(To be completed after the campout.)   |
|--|--|
|  | 1. Number of scouts signed-up for campout = _____<br>2. Times \$10.00 for each scout<br>Equals the amount available to spend = _____<br><br>3. Less total actually spent on food - _____<br><br>4. Amount to be returned to scouts = _____<br><br>5. Divided by the number of scouts<br>Amount to return to each scout = _____ |
|  | (list continued)   |
| <b>* Does the patrol have plenty of the following? If not, add to the list.</b><br>Cooking Oil<br>Dishwashing Soap<br>Scouring pads<br>Dish scrubbers<br>Paper towels<br>Seasonings (salt, pepper, etc.) | <b>Menu, Ingredients and Shopping List Approved by:</b><br><br><hr style="width: 80%; margin-left: auto; margin-right: auto;"/> Scoutmaster or Patrol's Assistant Scoutmaster  |

**Bring this form to the campout and post it in the patrol box (along with duty roster)**